

Cheese Quiche

8 slices bacon cooked and crumbled or 1 cup diced cooked ham.

3 eggs

1-1/2 cup milk or cream

Salt and pepper

Dash of Nutmeg

1 cup Swiss Cheese grated.

Parsley, chopped, fresh or dried.

Sprinkle bacon over bottom. Add cheese. Mix egg and cream together with seasonings. Pour over cheese. Sprinkle with parsley. Bake 350 for 30 to 40 minutes or until set and lightly brown.