

AVACADO DRESSING

1 avocado
1 tablespoon lemon juice
1 tablespoon Fruit Fresh
2 tablespoons finely chopped onion
Fresh or dried parsley
½ teaspoon salt
Dash of pepper
1 crushed clove of garlic or ¼ teaspoon garlic powder.
1/2 cup mayonnaise
Few drops hot pepper sauce if desired.
¼ cup of one of the following—sour cream, milk, buttermilk, sweet cream or yogurt.

Mash avocado, add rest of ingredients.

Makes about 1 ¾ cup. Use soon or store in refrigerator with plastic wrap over top.